

## Reemergence of monkey pox: a new global threat?

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Received 9 Mar 2022; Accepted 30 Mar 2022; Published 13 Apr 2022

### Abstract

Monkey pox has spread over Europe, posing a serious public health threat. Monkey pox is an unusual pox illness that has resurfaced, and zoonosis is assumed to be the cause. Human-to-human transmission is now being monitored. A growing number of reported instances in numerous countries has drawn the attention of the medical community. COVID-19 taught us that in the event of an outbreak, we must respond quickly, thoroughly investigate, and take action quickly. Although monkey pox is an old disease, it may have a new genetic mutation that causes a more severe illness and a broad epidemic.

Keywords: monkey pox, emergence, outbreak

### Introduction

Pox is a serious infection that can lead to an acute sickness with dermatological symptoms. Pox, smallpox, and chickenpox are the most well-known human pox illnesses. Aside from the well-known pox infections, emergent zoonotic pox infections have emerged as a fascinating new topic in infectious medicine <sup>[1]</sup>. The introduction of monkey pox into Europe has become a growing public health concern <sup>[2]</sup>. The monkey pox is a type of atypical pox disease, and zoonosis is thought to be the reason for its reemergence <sup>[1]</sup>.

Human monkeypox is a newly discovered viral infection <sup>[3]</sup>. The disease's endemic region is Africa. The major risk factor for infection is visiting a forest <sup>[4]</sup>. Monkey pox and varicella co-infection has also been documented <sup>[5]</sup>. Patients with human monkeypox infection frequently experience acute disease, according to clinical features. The chief signs of the sickness, according to Kalthan *et al*, were fever and rash. Lymphadenopathy was found in 54.5 percent of the participants <sup>[6]</sup>. Currently, a new diagnostic test kit is available to assist with infection confirmation and diagnosis <sup>[7]</sup>. The new revelation on expanded human-to-human transmission of monkeypox infection <sup>[8]</sup> is a major source of concern right now.

# Current concern on monkey pox outbreak from imported cases

A growing number of reported cases in numerous countries has alerted the medical community <sup>[2, 9 -10]</sup>. Six unconnected persons travelling from Nigeria were diagnosed with monkeypox in non-African countries between September 2018 and May 2021: four in the United Kingdom and one each in Israel and Singapore <sup>[9]</sup>. In July 2021, a man travelling from Lagos, Nigeria, to Texas became the seventh person diagnosed with monkeypox in a non-African country <sup>[8]</sup>. 144 (74%) of the 194 monitored interactions were flying contacts <sup>[9]</sup>. The patient was given tecovirimat, an antiviral for treating orthopoxvirus infections, and his residence had to be decontaminated on a big scale <sup>[9]</sup>. A case of monkeypox was diagnosed in a returning tourist from Nigeria to Maryland, USA, on March 9, 2022 <sup>[10]</sup>.

Given the global health consequences, Costello proposed that public health systems be informed of viable ways to prevent the spread of monkeypox <sup>[10]</sup>. Seven monkeypox cases have since been confirmed in England later <sup>[2]</sup>. These cases of imported monkey pox in both America and Europe could indicate that the illness could resurface in numerous parts of the world.

### Conclusion

The current concern to be monitored is human-to-human transmission. The medical community is paying attention to an increasing number of reported cases in several nations. COVID-19 taught us that in the event of an outbreak, there should be a quick response, thorough investigation, and early control. Monkey pox is an old illness, but it could have a novel genetic aberration that leads to a more troublesome sickness and widespread epidemic. The current need may include a) clinical investigation of newly emerging cases, including indepth molecular investigation of the pathogen, b) disease control system implementation, including good case screening aimed at preventing disease importation from endemic areas, and c) preparedness for possible large-scale outbreak correspondence.

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Journal of Advance Medical Sciences 2022; 2(1):08-09

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